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In re Patent Application of

**Michael J. SHEA**

Dkt. No. EX-4C8

Serial No. 09/731,655

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For: **EXERCISE SYSTEM**

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December 8, 2003

Commissioner of Patents  
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Sir:

*For #9*  
*Amended*  
*C*  
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**THIRD PRELIMINARY AMENDMENT**

Prior to examination, please amend the subject patent application as follows.

**Amendments to the Specification** are on page 2 of this paper.

**Amendments to the Claims** are reflected in the listing of claims beginning on page 3 of this paper.

An **Amendment to the Title** appears on page 12 of this paper.

**Remarks** begin on page 13 of this paper.